



# Family Resource

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## NETWORK

### and Kaleidoscope Counseling

### About US

FAMILY RESOURCE NETWORK, FORMALLY KIDS' RESOURCE NETWORK, WAS FOUNDED IN 1985 AND MOVED INTO EL PASO COUNTY AREA IN 1992. OUR AGENCY WORKS TO REUNIFY CHILDREN FROM AGES 0-18 WITH A SAFE AND STABLE FAMILY ENVIRONMENT, AS WELL AS LOCATE AND FINALIZE PERMANENT PLACEMENTS IF A CHILD IS UNABLE TO RETURN TO THEIR BIOLOGICAL FAMILY. OUR EXCEPTIONAL FAMILIES AND STAFF GO ABOVE AND BEYOND TO PROVIDE DIVERSE SERVICES TO THE CHILDREN IN OUR COMMUNITY, EACH WITH UNIQUE AND SPECIAL NEEDS. THANKS TO OUR PARTNERSHIP WITH KALEIDOSCOPE COUNSELING, FAMILY RESOURCE NETWORK IS ABLE TO HOST A VARIETY OF OTHER SERVICES FOR CHILDREN AND FAMILIES, INCLUDING LIFE SKILLS AND FAMILY PRESERVATION WORKSHOPS; PARENTING, FOSTER AND ADOPTIVE SUPPORT GROUPS; INDIVIDUAL, COUPLES, FAMILY AND PLAY THERAPY; ASSESSMENTS; EVALUATIONS; INTERVENTIONS; AND CHILD AND FAMILY INVESTIGATIONS

### OUR MISSION

TO PROVIDE THE BEST QUALITY CARE, EDUCATION, AND PROGRAMS FOR CHILDREN AND FAMILIES, AND TO SERVE THE COMMUNITY IN WHICH WE LIVE AND WORK!

IF YOU HAVE ANY EMERGENCY, PLEASE CALL THE EMERGENCY PHONE AFTER-HOURS; FOR NON-EMERGENCY SUPPORT PLEASE EMAIL OR CALL YOUR HOME SUPERVISOR.

EMERGENCY #719-661-5617

FLORA@FAMILYRESOURCENETWORKCO.COM  
SHAWNTEL@FAMILYRESOURCENETWORKCO.COM

SHOULD A CHILD IN YOUR CARE OR SOMEONE LIVING IN THE HOME HAVE SYMPTOMS OF COVID19, IMMEDIATE REPORT AND FOLLOWUP MUST BE DONE IN A TIMELY MANNER



# Top 55 Colorado Springs Attractions & Experiences

Spring is right around the corner, here are some ideas to enjoy the outdoors. Please note that this is not all 55 attractions and experiences, and if you would like to view the full list visit:

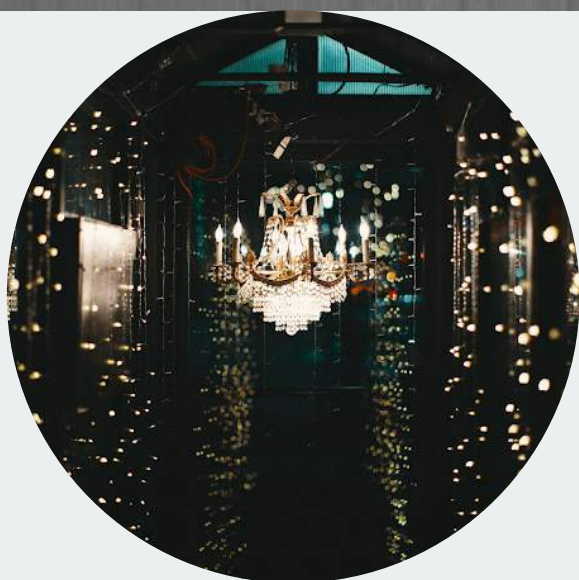
<https://www.visitcos.com/blog/55-things-to-do-in-colorado-springs/>

1. Manitou Incline
2. U.S. Air Force Academy
3. Western Museum of Mining & Industry
4. ProRodeo Hall of Fame & Museum of the American Cowboy
5. Rocky Mountain Motorcycle Museum
6. Glen Eyrie Castle
7. Rock Ledge Ranch Historic Site
8. Garden of the Gods and Garden of the Gods Trading Post
9. Flying W Ranch

For more ideas for this spring visit <https://www.visitcos.com/blog/55-things-to-do-in-colorado-springs/>

# Don't feel like cooking?

## Here are some yummy places to try in the Colorado Springs



- Urban Egg a daytime eatery
- Mountain Shadows Restaurant
- Garden of the God's Market & Cafe
- Front Range Barbeque
- Marigold Cafe & Bakery
- The Rabbit Hole
- Lake Terrace Dining Room
- Uchenna
- Pizzeria Rustica
- Springs Orleans
- Edelweiss Restaurant
- Savelli's
- Jake & Telly's Greek Cuisine
- Golden Bee
- Salsa on the Rock Fresh Mexican Grill
- Omelette Parlor
- Sandy's Restaurant
- La Baguette French Bistro
- Bonny and Read
- Bird Dog BBQ



For more ideas, visit: [https://www.tripadvisor.com/Restaurants-g33364-0a60-Colorado\\_Springs\\_El\\_Paso\\_County\\_Colorado.html](https://www.tripadvisor.com/Restaurants-g33364-0a60-Colorado_Springs_El_Paso_County_Colorado.html)

# VIRTUAL RESOURCES FOR EDUCATIONAL/ENGAGING ACTIVITIES AND TRAININGS

- <https://classroommagazines.scholastic.com/support/learnathome.html>
- <https://www.abcmouse.com/abt/homepage?8a08850bc2=T1235825474.1584502392.281>
- <https://www.funbrain.com/>
- <http://meandmyinklings.com/index.php/laura-kelly-designs-printable-library/>
- <https://www.khanacademy.org/>
- [https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?utm\\_medium=social&utm\\_term=59F3F59E-653B011EA-938E03D9296E8478F&utm\\_source=facebook.com&utm\\_campaign=travelandleisure\\_travelandleisure&utm\\_content=link](https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?utm_medium=social&utm_term=59F3F59E-653B011EA-938E03D9296E8478F&utm_source=facebook.com&utm_campaign=travelandleisure_travelandleisure&utm_content=link)
- [https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku\\_w/mobilebasic](https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/mobilebasic)
- <https://www.teachervision.com/>
- <https://www.familyeducation.com/>
- <https://www.sesamestreet.org/>
- <https://thecrashcourse.com/>
- <https://www.learn4good.com/games/for-high-school-students.htm>
- <https://www.vocabulary.co.il/sat-games/>

## Educational resources for teens:

- <https://thecrashcourse.com/>
- <https://www.learn4good.com/games/for-high-school-students.htm>
- <https://www.vocabulary.co.il/sat-games/>

## FOSTER PARENT ONLINE TRAINING OPPORTUNITIES

- <https://learn.nctsn.org/course/index.php?categoryid=11>
- <https://www.fosterclub.com/foster-parent-training/course-catalog>

## 2023 Foster Parent Support Group Schedule

Please contact Flora at [Flora@familyresourcenetworkco.com](mailto:Flora@familyresourcenetworkco.com) regarding upcoming events

Some additional trainings you can access for Professional Development:

- <https://sesamestreetincommunities.org/professional-development/webinars/?training=parental-addiction>
- <https://sesamestreetincommunities.org/professional-development/webinars/?training=brain-builders>

Foster Family If you have questions regarding the upcoming trainings please contact either Flora or FRN's Admin at; [flora@familyresourcenetworkco.com](mailto:flora@familyresourcenetworkco.com) [admin@familyresourcenetworkco.com](mailto:admin@familyresourcenetworkco.com)