

### **About US**

FAMILY RESOURCE NETWORK, FORMALLY KIDS' RESOURCE NETWORK, WAS FOUNDED IN 1985 AND MOVED INTO EL PASO COUNTY AREA IN 1992, OUR AGENCY WORKS TO REUNIFY CHILDREN FROM AGES 0-18 WITH A SAFE AND STABLE FAMILY ENVIRONMENT, AS WELL AS LOCATE AND FINALIZE PERMANENT PLACEMENTS IF A CHILD IS UNABLE TO RETURN TO THEIR BIOLOGICAL FAMILY. OUR EXCEPTIONAL FAMILIES AND STAFF GO ABOVE AND BEYOND TO PROVIDE DIVERSE SERVICES TO THE CHILDREN IN OUR COMMUNITY, EACH WITH UNIQUE AND SPECIAL NEEDS. THANKS TO OUR PARTNERSHIP WITH KALEIDOSCOPE COUNSELING, FAMILY RESOURCE NETWORK IS ABLE TO HOST A VARIETY OF OTHER SERVICES FOR CHILDREN AND FAMILIES, INCLUDING LIFE SKILLS AND FAMILY PRESERVATION WORKSHOPS; PARENTING, FOSTER AND ADOPTIVE SUPPORT GROUPS; INDIVIDUAL, COUPLES, FAMILY AND PLAY THERAPY; ASSESSMENTS; EVALUATIONS; INTERVENTIONS; AND CHILD AND FAMILY INVESTIGATIONS

### **OUR MISSION**

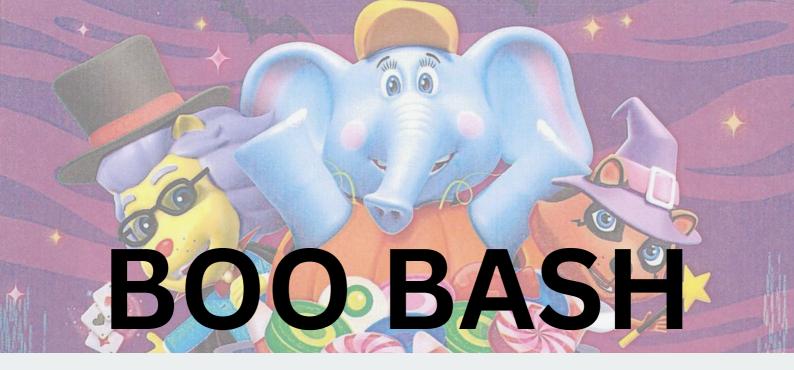
TO PROVIDE THE BEST QUALITY CARE, EDUCATION, AND PROGRAMS FOR CHILDREN AND FAMILIES, AND TO SERVE THE COMMUNITY IN WHICH WE LIVE AND WORK!

IF YOU HAVE ANY EMERGENCY, PLEASE CALL THE EMERGENCY PHONE AFTER-HOURS; FOR NON-EMERGENCY SUPPORT PLEASE EMAIL OR CALL YOUR HOME SUPERVISOR.

EMERGENCY #719-661-5617

FLORA@FAMILYRESOURCENETWORKCO.COM SHAWNTEL@FAMILYRESOURCENETWORKCO.COM

SHOULD A CHILD IN YOUR CARE OR SOMEONE LIVING IN THE HOME HAVE SYMPTOMS OF COVID19, IMMEDIATE REPORT AND FOLLOWD UP MUST BE DONE IN A TIMELY MANNER



This spooktacular event is sure to knock your socks off! With games, prizes, and much much more this event has a trick or treat around every corner. We will burgers and chip meals for sale(all proceeds go to Make-A-Wish). A costume contest for parents to vote for and participate in- with PRIZES you won't want to miss-including money off tuition!!!! This event will have you screaming until Halloween:)

### Location:

6585 Issaquah Drive Colorado Springs, CO 80923

### \*Admission

Free

### **Operating Hours:**

October 27th, 2023 from 5:30 PM to 7:30 PM

Questions: https://allevents.in/colorado%20springs/boo-bash/10000732904646527

## **Broccoli Pesto Pasta**



### **Ingredients**

- 4 cups broccoli florets
- 1 pound pasta, such as penne or rigatoni
- 2 cups lightly packed basil leaves
- 2 garlic cloves, smashed
- ¼ cup pine nuts, plus more for serving
- 1 cup extra-virgin olive oil
- ½ teaspoon sea salt
- 1 cup freshly grated Parmesan, plus more for serving
- Red pepper flakes, for serving, optional

### **Directions**

- Bring a large pot of salted water to a boil over high heat.
- Add the broccoli to the water and cook until tender, about 4 minutes. Using a slotted spoon, transfer the broccoli to a blender or 6 cup food processor.
- Return the water to a boil. Add the pasta and cook until al dente according to the package instructions. Reserve 1½ cup of pasta water.
- Meanwhile add the basil, garlic, pine nuts, olive oil, salt and parmesan to the blender with the broccoli and blend until smooth. Slowly pour in the reserved pasta water a little at a time, until a sauce consistency forms, about 1 cup.
- Drain the noodles. Transfer the sauce back to the pot. Add the pasta to the sauce and toss to coat.
- Top with Parmesan, pine nuts and chili flakes.

### For more recipes, visit:

https://themodernproper.com/broccoli-pesto-pasta



# Employee of the Month SHELBY ZAMORA

My goal is to help create an environment in which families and children can thrive. We accomplish this through working towards the family's goals, allowing them space to grow, and aiding them in making changes toward their best life. I do so with compassion, keeping an open mind, and creating a safe space for clients. I am currently working towards my master's degree in Clinical Mental Health in pursuit of my LPC.

"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not" – Dr. Suess

# VIRTUAL RESOURCES FOR EDUCATIONAL/ENGAGING ACTIVITIES AND TRAININGS

- https://classroommagazines.scholastic.com/s upp ort/learnathome.html
- https://www.abcmouse.com/abt/homepage?
   8a08850bc2=T1235825474.1584502392.281
- https://www.funbrain.com/
- http://meandmyinklings.com/index.php/laura
   kelly-designs-printable-library/
- https://www.khanacademy.org/
- - \_campaign=travelandleisure\_travelandleisure &ut m\_content=link
- https://docs.google.com/document /d/1SvIdgTx9d jKO6SjyvPDsoGlkgE3iExmi3qh2KRRku\_w/mobileb asic
- https://www.teachervision.com/
- https://www.familyeducation.com/
- https://www.sesamestreet.org/
- hthttps://thecrashcourse.com/
- https://www.learn4good.com/games/for-high
   school-students.htm
- https://www.vocabulary.co.il/sat-games/

### **Educational resources for teens:**

- hthttps://thecrashcourse.com/
- https://www.learn4good.com/games/for-high□schoolstudents.htm
- https://www.vocabulary.co.il/sat-games/ VIRTUAL RESOURCES FOR

# FOSTER PARENT ONLINE TRAINING OPPORTUNITIES

- https://learn.nctsn.org/course/index.php? categoryid=11
- https://www.fosterclub.com/foster-parent□ training/course-catalog

### 2023 Foster Parent Support Group Schedule

·November 15th ·December 13th

- Some additional trainings you can access for Professional Development:
  - https://sesamestreetinc ommunities.org/ professionaldevelopment/webinars/? training=parentaladdiction
  - https://sesamestreetinc ommunities.org/ professionaldevelopment/webinars/? training=brain-builders

Foster Family If you have questions regarding the upcoming trainings please contact either Flora or Emilie at; flora@familyresourcenetworkco.com emilie@familyresourcenetworkco.com