



Family Resource

NETWORK

and Kaleidoscope Counseling

About US

FAMILY RESOURCE NETWORK, FORMALLY KIDS' RESOURCE NETWORK, WAS FOUNDED IN 1985 AND MOVED INTO EL PASO COUNTY AREA IN 1992. OUR AGENCY WORKS TO REUNIFY CHILDREN FROM AGES 0-18 WITH A SAFE AND STABLE FAMILY ENVIRONMENT, AS WELL AS LOCATE AND FINALIZE PERMANENT PLACEMENTS IF A CHILD IS UNABLE TO RETURN TO THEIR BIOLOGICAL FAMILY. OUR EXCEPTIONAL FAMILIES AND STAFF GO ABOVE AND BEYOND TO PROVIDE DIVERSE SERVICES TO THE CHILDREN IN OUR COMMUNITY, EACH WITH UNIQUE AND SPECIAL NEEDS. THANKS TO OUR PARTNERSHIP WITH KALEIDOSCOPE COUNSELING, FAMILY RESOURCE NETWORK IS ABLE TO HOST A VARIETY OF OTHER SERVICES FOR CHILDREN AND FAMILIES, INCLUDING LIFE SKILLS AND FAMILY PRESERVATION WORKSHOPS; PARENTING, FOSTER AND ADOPTIVE SUPPORT GROUPS; INDIVIDUAL, COUPLES, FAMILY AND PLAY THERAPY; ASSESSMENTS; EVALUATIONS; INTERVENTIONS; AND CHILD AND FAMILY INVESTIGATIONS

OUR MISSION

TO PROVIDE THE BEST QUALITY CARE, EDUCATION, AND PROGRAMS FOR CHILDREN AND FAMILIES, AND TO SERVE THE COMMUNITY IN WHICH WE LIVE AND WORK!

IF YOU HAVE ANY EMERGENCY, PLEASE CALL THE EMERGENCY PHONE AFTER-HOURS; FOR NON-EMERGENCY SUPPORT PLEASE EMAIL OR CALL YOUR HOME SUPERVISOR.

EMERGENCY #719-661-5617

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SHOULD A CHILD IN YOUR CARE OR SOMEONE LIVING IN THE HOME HAVE SYMPTOMS OF COVID19, IMMEDIATE REPORT AND FOLLOW UP MUST BE DONE IN A TIMELY MANNER

May Is National



Mental Health
Awareness Month

Upcoming activities in Colorado Springs

Beginning Watercolor Class

May 6th- 10:30am - 2:00pm

Step by step instruction. All supplies provided. Reservation required at krisgideon.com

Location: Library 21c

1175 Chapel Hills Dr, Colorado Springs, CO 80920



Create & Play

May 20th at 10:30am

Allowed Ages: 12-24 months to 5

Location: 1175 Chapel Hills Dr.
Colorado Springs, CO 80920

Register for this event at:

<https://ppld.librarymarket.com/create-play-92>



Movie Rewind

May 27th from 12:00 pm to 2:00 pm

Location: Rockrimmon Library
832 Village Center Dr.
Colorado Springs, CO 80919

Questions regarding the event, contact Shannon Miller at: smiller@ppld.org



JOHN MAY Museum Center



Located a few miles south of Colorado Springs, the museum houses a world-class collection of arthropods, mainly tropical insects, from all over the world. It is a multi-generational legacy that has been in its present location since the 1950s and showcases extraordinary varieties and types of arthropods. All ages can find delight as well as an educational opportunity in the museum.

Over the decades, thousands of families, school groups and tourists have visited and delighted in the amazing variety of nature here at the May Museum. The museum is located on Golden Eagle Ranch, a thousand acres of wilderness area. It is home to all sorts of wildlife, and miles of hiking trails where you can experience nature firsthand on hikes.

To Complete Your Visit:

- Bring your camera to take pictures of all the creepy crawly bugs
- Explore the gift shop with fun trinkets, books and educational gifts
- Pack a picnic and enjoy our beautiful grounds

The May Museum is open from May 1 to October 1 from 9:00 a.m. to 6:00 p.m. daily.

*Please note that we allow last admission into the museum at 5:30 p.m.

- Adults (13-60): \$12
- Senior Citizens (60+): \$11
- Children (6-12): \$9
- 5 and Under: Free with their Family

Questions visit: <https://www.coloradospringsbugmuseum.com/>

Fresh Raspberry Puff Pastry Turnovers



Ingredients

Filling

- 2½ cups raspberries fresh
- ½ cup sugar
- 1 tsp vanilla extract
- ½ tsp cinnamon ground

Pastry

- 2 sheets puff pastry
- 2 tbsp butter melted
- 1 tbsp sugar optional

Directions

- Make the filling. Add raspberries, sugar, vanilla and cinnamon to a large pan over medium heat. Stir regularly as the raspberries break down and form a thick jam, about 20-30 minutes. See recipe video for example of what the fresh raspberry filling consistency will look like when ready.
- Preheat oven to 400 degrees. Cut each sheet of puff pastry into 4 squares. Fill puff pastry with 2-3 tablespoons of fresh raspberry filling. Fold raspberry turnovers into triangles, and press edges with a fork to seal.
- To cook and serve immediately, brush melted butter on top of pastry, sprinkle on sugar, and bake for 15-20 minutes, until golden brown. Alternatively, freeze raspberry turnovers and add ~10 minutes to the cooking time when baking from frozen.
- This recipe is for fresh raspberry turnovers without cornstarch. To thicken the filling faster, mix one tablespoon of cornstarch with one quarter cup of water and pour the mixture into the fresh raspberries during the first step.



Employee of the Month

ANDY
CASWELL

My goal as a therapist is to give space to others so they can feel heard and express themselves in ways they might not be able to. I want to develop a trusting relationship with my clients so they can feel comfortable and be themselves as well as work through anything they might need. The therapeutic process looks different for everyone, so my main clinical approach is to adapt to what my client needs and how best to highlight their strengths. My passion is to provide my clients with tools they may need in life that they may not have access to or to help them relearn tools lost along the way.

I enjoy working with adolescents, adults, and families by helping them through different life challenges, whether that be behavioral issues, trauma, or everyday struggles.

VIRTUAL RESOURCES FOR EDUCATIONAL/ENGAGING ACTIVITIES AND TRAININGS

- <https://classroommagazines.scholastic.com/support/learnathome.html>
- <https://www.abcmouse.com/abt/homepage?8a08850bc2=T1235825474.1584502392.281>
- <https://www.funbrain.com/>
- <http://meandmyinklings.com/index.php/laura-kelly-designs-printable-library/>
- <https://www.khanacademy.org/>
- https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?utm_medium=social&utm_term=59F3F59E-653B-11EA-938E-3D9296E8478F&utm_source=facebook.com&utm_campaign=travelandleisure_travelandleisure&utm_content=link
- https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/mobilebasic
- <https://www.teachervision.com/>
- <https://www.familyeducation.com/>
- <https://www.sesamestreet.org/>
- <https://thecrashcourse.com/>
- <https://www.learn4good.com/games/for-high-school-students.htm>
- <https://www.vocabulary.co.il/sat-games/>

Educational resources for teens:

- <https://thecrashcourse.com/>
- <https://www.learn4good.com/games/for-high-school-students.htm>
- <https://www.vocabulary.co.il/sat-games/>

FOSTER PARENT ONLINE TRAINING OPPORTUNITIES

- <https://learn.nctsn.org/course/index.php?categoryid=11>
- <https://www.fosterclub.com/foster-parent-training/course-catalog>

2023 Foster Parent Support Group Schedule

- May 17th
- June 21st
- July 19th
- August 16th
- September 20th
- October 18th
- November 15th
- December 13th

Some additional trainings you can access for Professional Development:

- <https://sesamestreetinc.com/professional-development/webinars/?training=parental-addiction>
- <https://sesamestreetinc.com/professional-development/webinars/?training=brain-builders>

Foster Family If you have questions regarding the upcoming trainings please contact either Flora or Emilie at; flora@familyresourcenetworkco.com emilie@familyresourcenetworkco.com